

My body my rules

Child safe physical touch for everyone

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Sometimes in sport a coach may need to guide movement or correct posture. Here are some tips to assist you in keeping children safe.

Alternative



Always consider the alternatives. Touch shouldn't be your first and only option

Permission



Before touching the child ask the child's permission and describe where and why

Know the rules



Your Child Safe Code of Conduct should be clear on the rules of what is appropriate touching

Respect



If a child says no, respect their decision and find an alternative. They may also ask you to stop at anytime

Working together to keep children safe

More child safe resources and support available at ocg.nsw.gov.au/our-resources