My body my rules

Child safe physical touch for Families



Things to know

Speak to your child about their thoughts and opinions of when and how personal touch is used at your club and let them know they're in charge.

Ask the club what alternative methods are used to guide children's



movements, when children aren't comfortable with being touched.

Find out about the club's policies, procedures and practices around personal touch and when and how it is used.

Know who at the club you can speak to about any concerns you have about personal touch.



Learn more about how child safe organisations involve families by scanning the QR code

Working together to keep children safe

More child safe resources and support available at ocg.nsw.gov.au/our-resources

