

# My body my rules

## Child safe physical touch **for Staff**

at:

### Things to know

Some sports require physical touch between adults and children to correct stance or guide movement for child safety. Establishing clear boundaries and effective communication should be prioritised to ensure everyone's safety and comfort.

Clear boundaries, as set out in a Child Safe Code of Conduct, help reduce the risk of harm and create an environment that keeps children's safety and wellbeing a priority if and when physical touch is required.



Scan the QR to learn how to use the risk matrix effectively

Working together to keep children safe

More child safe resources and support available at [ocg.nsw.gov.au/our-resources](https://ocg.nsw.gov.au/our-resources)